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| **Athletics Club**  https://media.thebestof.ie/200/0/55840477bf8f5f0414000001/naas+ac.jpg | Everyone is welcome to join us any Wednesday.  [www.naasac.com](http://www.naasac.com) Email: info@naasac.com  **Mon** 6pm-7pm U10’s  **Tue+Thur 7pm**-8pm-  10-16 years |
| **Naas AFC** | Soccer suitable for 5 years old to senior. [www.naasafc.ie](http://www.naasafc.ie)  Naas AFC Academy Contact: Mark Noonan  083 4571851  Academy suitable for 5 years-8 years  **Sunday’s**  8.45am - 10.00am |
| **Naas Hockey Club**  **C:\Users\Admin\Documents\Naas Hockey Club Logo.jpg** | Men’s and Ladies Hockey Training Tue, Wed, Thr & Friday**.**  [www.naashockeyclub.com](http://www.naashockeyclub.com)  Also we have Junior Hockey  **Sat and Sun** |



Room / Astro Hire Birthday Parties

Hire 5 Aside Astro: €30p/h

Hire 9 Aside Astro: €40p/h

Hire Sports Hall: €30 p/h

Complementary access to a room for food when you book 2 hours in any of the above facilities. In the case of bad weather you can provisionally hold the hall for an additional €15 p/h.

(eg. 5 Aside + Hall = €30 + €15 p/h)

5 Aside Astro Hire + 9 Aside Astro Hire + Indoor Sports Hall Hire. Please contact the office for price list for above facilities.



***Naas Sports Centre, Caragh Road, Naas,Co. Kildare. W91 TE29***

phone: ***045 896 166***

*E-mail: info@naassportscentre.ie*

*Web:* [***www.naassportscentre***](http://www.naassportscentre)***.ie***

 





**MONDAY:**

**Ninjitsu Class**

Contact: Stephen Rooney: 0871213989

Indoor Hall 6.00 pm – 7.00 pm

**Ju- Jitsu Self-Defence “Bushido Club”**

Contact: Krzysztof Kosmider: 0852177870

Indoor Hall: 7pm - 8pm [katan96@wp.pl](mailto:katan96@wp.pl)

**TUESDAY:**

**Taekwon-do:**

Contact: Jeroen Wezelman: 087 2901377

Indoor Hall: 6pm - 10pm www.naastkd.com

**WEDNESDAY:**

**Lilywhite Wheelers:**

Contact: KSP Sports Inclusion Disability Officer –

Padraig Healy 087 2859493 or pshealy@kildarecococ.ie

Indoor Hall: 6pm - 7pm:

**Yoga**

Contact: Clare Brady: 08

[**clairedowntoearthyoga@gmail.com**](mailto:clairedowntoearthyoga@gmail.com)

Indoor Hall: 8pm – 9pm

**THURSDAY:**

**Ninjitsu Class:**

Contact: Stephen Rooney 0871213989

Indoor Hall: 6pm - 7pm:

**Taekwondo:**

Contact: Jeroen Wezelman 0872901377

Indoor Hall: 7pm - 10pm www.naastkd.com

Email: [info@naassportscentre.ie](mailto:info@naassportscentre.ie)

Naas Sports Centre: 045 896166

Web: [www.naassportscentre.ie](http://www.naassportscentre.ie)

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**FRIDAY:**

**Ju-Jitsu Self-Defence “Bushido Club”**

Contact: Krzysztof Kosmider: 0852177870

Indoor Sports Hall: 7pm - 8.30pm [katan96@wp.pl](mailto:katan96@wp.pl)

**SATURDAY:**

**Little Kickers:**

Fun weekly Football sessions for Boy’s and Girl’s

Contact: April Balmer: 086 8176288

Indoor Hall: 9.30am - 12.30pm

**SUNDAY:**

**Little Kickers:**

Contact: April Balmer: 086 8176288

Indoor hall: 9.00am - 12.00pm:

**Bujinkan Niji Dojo**

Japanese Ninjutsu Martial Arts

Contact: Raymond Sweeney 0868517528

Indoor Hall: 12pm – 1.30 pm